



OAFCS



Ohio Association of Family and Consumer Sciences

Family and Consumer Sciences: Knowledge you can't LIVE without!

2018 Annual Conference—February 2, 2018
Together Again, Together Stronger
Nationwide Hotel and Conference Center
100 Green Meadows Drive South, Lewis Center, OH 43035

Agenda

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| 8:00 AM – 8:30 AM | Registration |
| 8:45 – 9:15 AM | Annual Conference Meeting
Legends Award – <i>Janet Laster</i> |
| 9:30 – 10:15 AM | Youth Mental Health First Aid , Jami Dellifield, OSU FCS Extension Educator, Hardin County
<i>Jami is a trainer for the program designed for adults who regularly interact with young people and she will discuss the common mental health challenges for youth (age 12-18).</i> |
| 10:30 – 11:30 AM | FCS: Together Again, Together Stronger , Cheryl Achterberg, Dean, The Ohio State University, College of Education and Human Ecology |
| 11:45 AM – 12:30 PM | Lunch |
| 12:45 – 1:30 PM | Creative Education , Mimi Chenfeld, Ohio Alliance for Arts Education
<i>Mimi received a Master of Arts degree in Elementary Education from the University of New York taught in the classroom and in educational programs ranging from Head Start to Upward Bound. From New York to Hawaii, from Canada to Puerto Rico, she works with children of all ages, college students, in-service teachers and community groups in conferences, courses, workshops and classes. She is on the staff of the Leo Yassenoff Jewish Center's Early Childhood Program, teaches at the Days of Creation Arts Program. She was the poetry component of the DepARTures program with the Columbus Museum of Art and Columbus Public Schools. She taught her course, ARTS Across the Curriculum, at</i> |

Otterbein University for 20 years, and presents for the Columbus Metropolitan Library's summer children's programs. She teaches her course, "Playing with the Arts," at Columbus State Community College

1:45 – 2:30 PM

Managing Finances, Stronger Together, Dr. Sharon Seiling, The Ohio State University, Professor Emerita, Department of Consumer Sciences

2:45 – 3:30

Food for Health, Betty Brown, B Well Ayurveda Health coach and educator

Betty will discuss the ancient practice of using food to heal called Ayurveda. Formerly a register nurse in a cardiac unit, she now works with a belief that health and wellness depends on a delicate balance between mind, body, and spirit

3:45 – 4:30

Ignite Sessions, Nine, Five-Minute Sessions with 20 Automated-Slides describing Dynamic, Innovative Programs